



Zetetic Books  
Bulletin XLVIII  
Cookery

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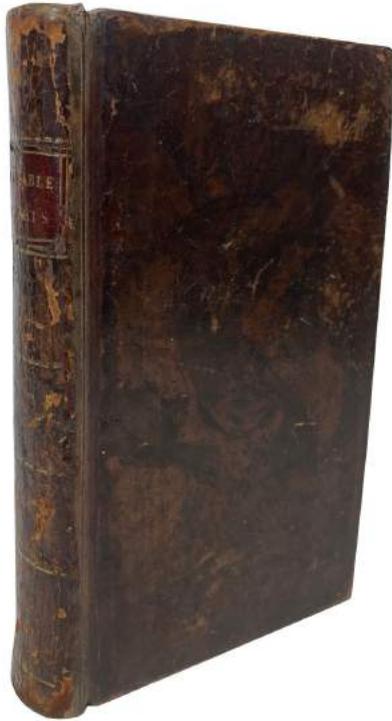
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Bulletin XLVIII – Cookery – September 2022

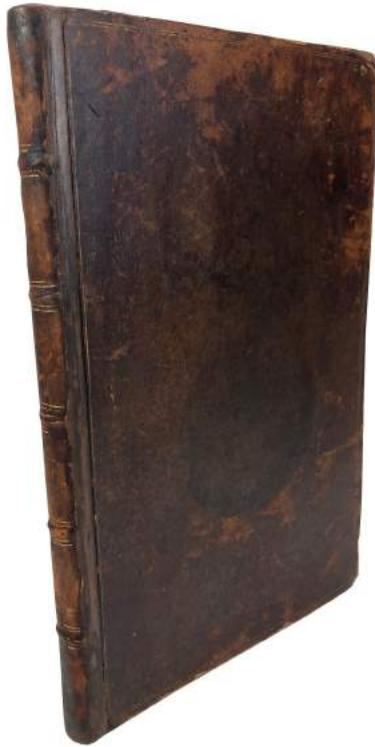
Cover art adapted from item 09



**[01] [Arts and Cookery] Valuable Secrets in Arts and Trades: Or, Approved Directions from the Best Artists. Containing, Upwards of One Thousand Approved Receipts.** London: J. Barker, and J. Scatcherd, Reprint. 12mo. Hardback. Good. [3] iv-v, [4], 2-351p, [1], n.d. c.1800? Full contemporary tree calf, later rebacked preserving original back strip, smooth back, spine divided into six panels with gilt single rules, title label to second panel. Original back strip a little worn, corners repaired, slightly rubbed to extremities and covers. Internally lightly browned, with occasional light spotting, old manuscript receipt to ffeep and notes to lower pastedown, several pages with an indentation to fore edge margin, book label of Peter Stewart Young to front pastedown. The full title is, *Valuable secrets in arts and trades: or, Approved directions from the best artists. containing, upwards*

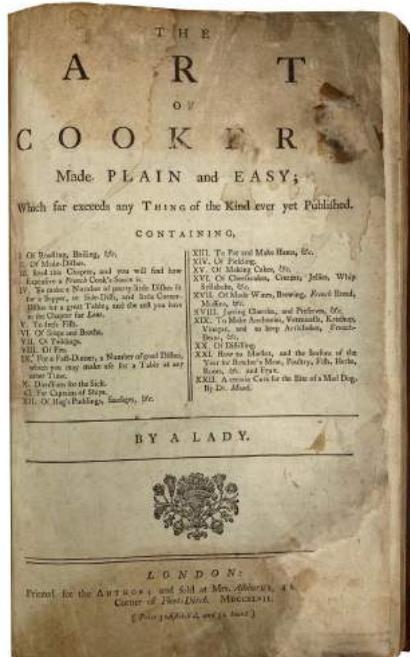
of one thousand approved receipts. For the various methods of engraving on brass, copper, or steel. Of the composition of metals of the composition of varnishes of mastich, cements, sealing-wax, &c. &c. Of the glass manufactory, various imitations of precious stones, and French paste of colours and painting, useful for carriage painters of painting on paper of compositions for limners of transparent colours colours to dye skins or gloves to colour or varnish copperplate prints. Of painting on glass of colours of all sorts for oil, water, and crayons of preparing the lapis lazuli, to make ultramarine of the art of gilding the art of dyeing wood, bones, &c. The art of casting in moulds of making useful sorts of ink. The art of making wines of the composition of vinegars of liquors, essential oils, &c. Of the confectionary business. The art of preparing snuffs, &c. Of taking out spots and stains. Art of fishing, bird-catching, &c. And other subjects, curious, entertaining, and useful. A translation of *Secrets Concernant les Arts et Métiers*, n.d. but c.1800 (see ETSC N46162), with the adverts bound in after the preface. A wide ranging work, including engraving, dyeing, stain removal, several cookery receipts (preserves, wines, oils, and vinegars) as well as hints for fishing and bird catching. Maclean, page 146 and Oxford, page 108 (for the 1775 edition); Wellcome V:510 (suggesting 1802 as the publication date) [003772] **£200.00**

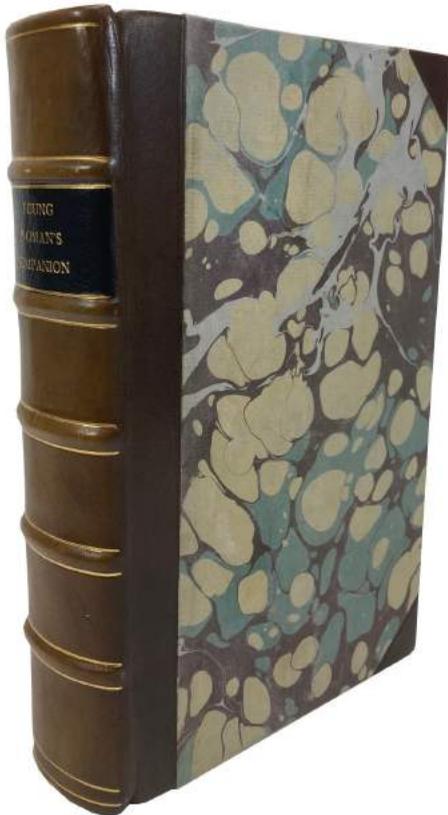




**[02] A Lady; [Glasse, Hannah] The Art of Cookery Made Plain and Easy; Which Far Exceeds Any Thing of the Kind Ever Yet Published.** London: For the Author; and Sold at Mrs. Ashburn's, a China-Shop, 1747. First Edition. 4to. Hardback. Good. [16], [i]ii, [3], 4-65, 68-135, 138-166pp (ie. pi<sup>2</sup>, a-c<sup>2</sup>, A-N<sup>2</sup>, O<sup>1</sup>, P-S<sup>2</sup>). Full contemporary sheep, recently rebacked, raised bands, spine in six panels, gilt double rule either side of cords, with gilt double rule border to covers. Rubbed, edges, and especially corners, worn with small amounts of loss to leather. Title is browned, very slightly narrower from rebinding, with repairs and marks catching the 'e' and obliterating the 'y' in 'cookery', lower corner with old paper repair, but with loss of 'China-Shop' to imprint line, last few pages with water stain to fore edge margin, some light browning and creasing, a few small nicks and tears, final text leaf browned with some

surface abrasion catching a few letters of text with loss, a few corners absent, but generally the text is quite bright and clean. Title with price altered in ink to foot, with list of two hundred and two subscribers (including, in a wonderful bit of nominative determinism, 'Mrs Veal'). The uncommon first edition, a cornerstone for any collection of English cookery books, and probably one of the most influential cookery books ever published. Recipes are mainly for English food stuffs and are often taken from other cookery books, but a few are more cosmopolitan, and include 'dress mutton the Turkish way', the 'German way of dressing fowls' and 'to make a Currey the Indian way', which is seemingly the first known English recipe for the dish. The final leaf includes 'a certain cure for the bite of a Mad Dog', and 'A Receipt against the Plague'. Bitting, pages 186-187; Cagle, 695; Maclean, pages 59-61; Oxford, pages 76-77 and Vicaire, pages 48-49 [003785] £2,800.00

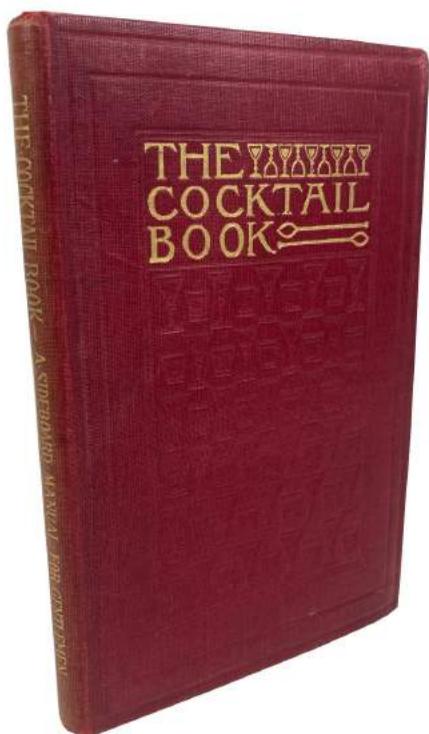




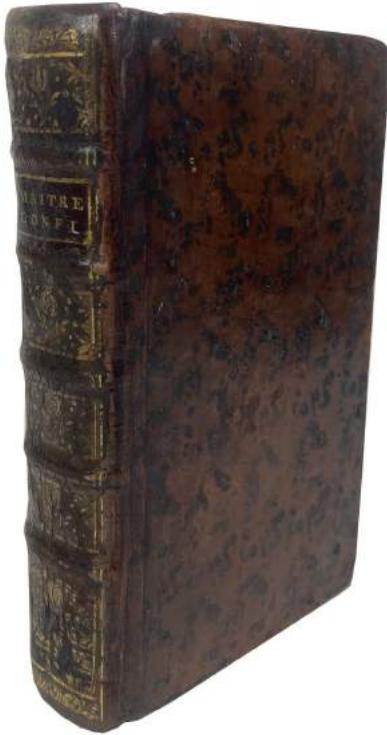
**[03] [Housekeeper's Vade Mecum] The Young Woman's Companion: Or, Frugal Housewife. Containing the Most Approved Methods of Pickling, Preserving, Potting, Collaring, Confectionary ... Also the Art of Cookery ... With the Complete Art of Carving, Illustrated and made Plain by Engravings.**

Manchester: Russell and Allen, 1811. First Edition. 8vo. Half Calf and Boards. Good. [5], ii-xvi, [1], 2-540pp, [16], plates. Modern

half calf and marbled paper over boards, raised bands, spine in six panels, leather title label to second panel. Spine slightly faded, lightly browned throughout, occasional light foxing, very occasionally heavier (ie. the final plate), occasional creasing, tear to top margin of Rr<sup>1</sup>, Tt<sup>2</sup> and Tt<sup>3</sup> loose but present. Slightly later ownership inscription of a Sarah Pope to head of title. With six engraved plates as called for. Mainly cookery, but also advice on reading, letter writing (with sample letters), drawing, painting, history and geography. Cagle 1074; Oxford, page 140; Wellcome V:515. Five locations in Library Hub [003756]  
**£350.00**

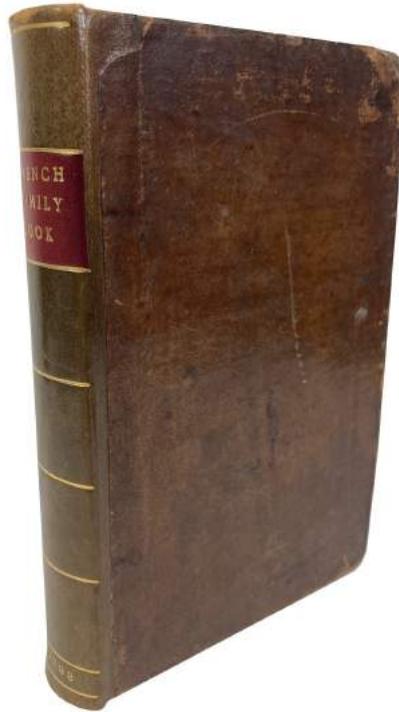


**[04]** [Knowles, Frederic Lawrence] **The Cocktail Book - A Sideboard Manual for Gentlemen.** London: John Macqueen, 1902. First Edition. 12mo. Hardback. Good / No Jacket. [4], v-x, [2], 3-26, 26a, [2], 29-60pp. Original cloth, no DJ, title in gilt to spine and upper cover. Spine slightly faded, slightly rubbed. Endpapers lightly browned and lightly foxed, hint of foxing to margins, but generally fairly clean. Title in red and black, with rubricated initials throughout. Knowles was an American poet. This is the first UK edition, (the US edition was published in 1901), with another edition published by John Hamilton in 1926. It includes information on the care, serving, and choice, of wines [003755] **£250.00**



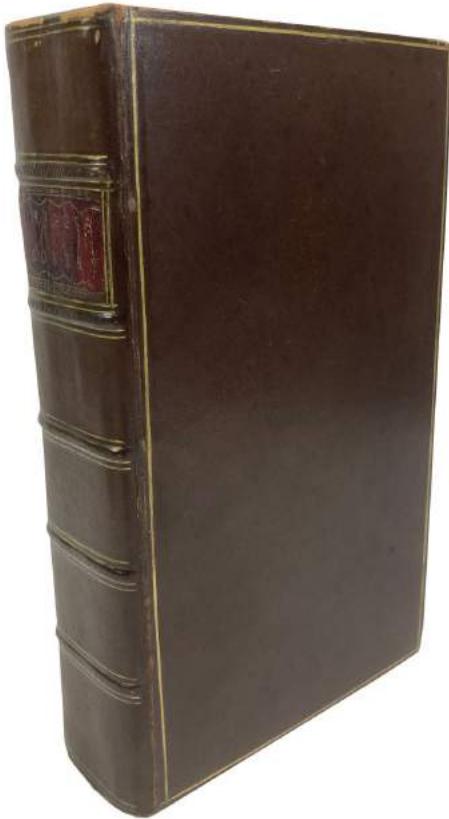
**[05] [Menon; Louis Francois Henri de Menon] *La Science Du Maitre D'Hotel, Confiseur, a l'Usage Des Officiers, Avec Des Observations Sur La Connoissance & Les Proprietes Des Fruits. Enrichie De Desseins En Decorations & Parterres Pour Les Desserts.* ill. Le Grand, L.[ouis-Claude]. Paris: Paulus-du-Mesnie, 1750. First Edition. 12mo. Hardback. Good. [5], ii-ix, [11], 2-525pp, [25], plates. Contemporary mottled calf, raised bands, spine in six panels, title label to second panel, remaining panels gilt, curl pattern marbled endpapers, all edges red.**

Rebacked with original back strip laid on, some regilding to head and tail of spine, slightly rubbed, fore edge of lower board bumped. Internally very lightly browned with very occasional light foxing and occasional light water staining to margins, slight remnant of a bookplate to front marbled endpaper, but generally fairly clean. Folding plates one, three, four and five with a couple of sellotape 'repairs' to reverse. With five folding plates, engraved by Louis-Claude Le Grand (Benezit 5:485), mainly of table decorations, as called for. Menon published *La Science du Maitre d'Hotel Cuisinier* in 1749, this, published a year later, is a continuation, with the emphasis on confectionary and fruits. Bitting, pages 320-321; Cagle 342; Vicaire 590; Wellcome IV:112. Four locations in Library Hub [003781] **£650.00**



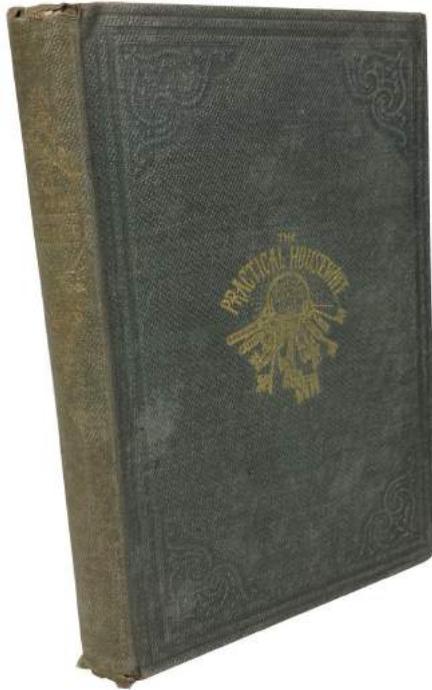
**[06] [Menon; Louis Francois Henri de Menon] The French Family Cook: Being a Complete System of French Cookery. Adapted to the Tables Not Only of the Opulent, But of Persons of Moderate Fortune and Condition.**

London: J. Bell, 1793. First Edition. 8vo. Full Calf. Good. [9], iv-xviii, xvii-xviii, xix-xxiv, [1], 2-342pp, [2]. Full calf, original covers, later rebacked, smooth spine divided into six panels by gilt single rules, modern leather label to second panel, date to foot. Spine slightly faded, corners bumped and worn with loss to leather, new endpapers. Lightly browned and foxed throughout, foxing occasionally heavier, but generally light. The first English edition of Menon's influential *La Cuisinière Bourgeoise*. Maclean, page 101; Oxford pages 121-122, Bitting, page 554; Wellcome IV:112 (in a note about the fourth edition), and Cagle 872. Four locations in ESTC in the UK, with ten in the US and one other [003758] **£750.00**

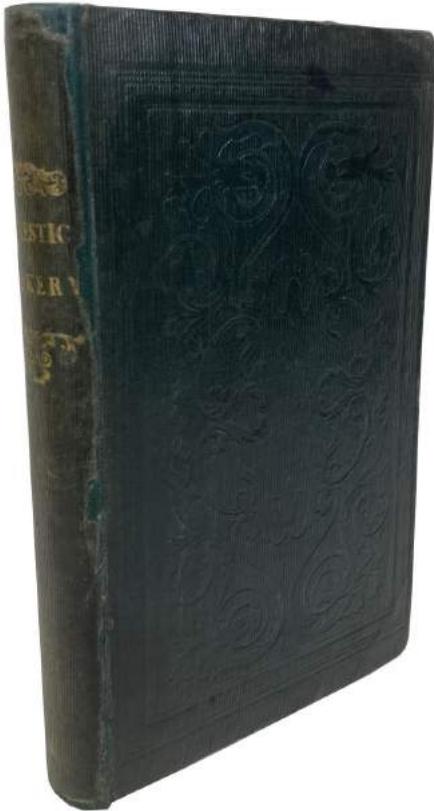


**[07] Briggs, Richard. The English Art of Cookery, According to the Present Practice; Being a Complete Guide to all Housekeepers, on a Plan Entirely New ... With Bills of Fare for Every Month in the Year, Neatly and Correctly Engraved on Twelve Copper-Plates. London: G.G.J. And J. Robinson, 1788. First Edition. 8vo. Full Calf. Good. [3]-iv, [1], ii-xx, plates, [1], 2-656pp. Modern calf, semi-raised bands, spine in six panels, old leather title label to second panel. Rubbed to extremities, lightly**

browned throughout, occasional light foxing, light stain to top margin starting about a hundred pages from the end and getting progressively heavier, though not affecting text. Piece missing from fore edge margin of a<sup>2</sup> and O<sup>5</sup>, this catching a couple of letters to reverse but no loss of sense. With twelve plates as called for. ESTC N9216; Cagle 577; Maclean, page 15, Oxford, pages 115-116; Bitting, page 60 (the 1791 edition - with a note citing this first edition); Wellcome II:238 (for the 2nd and 3rd editions); Vicaire, page 116. Five locations in the UK and another five in the US in ESTC [003757] **£750.00**

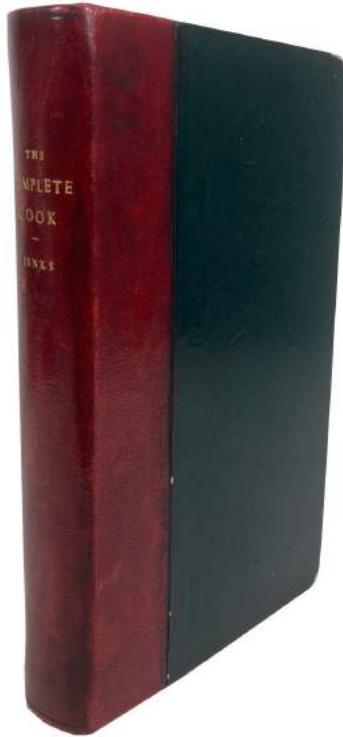


**[08]** Editors of the 'Family Friend'; [Philp, Robert Kemp] **The Practical Housewife, Forming a Complete Encyclopaedia of Domestic Economy.** London: Ward & Lock, . First Edition. 8vo. Hardback. Good. [5], iv-xxix, [2], 2-192pp, n.d. but 1855. Original decorative cloth, title to spine, and title with vignette to upper cover in gilt. Cloth faded generally, spine especially, worn to spine ends, corners bumped and rubbed, some light browning and creasing internally though fairly clean and bright. With wood engraved frontispiece and additional title with a vignette of a kitchen. Mainly cookery, but also some medical and other receipts. Includes the useful advice that you should "never jump from a rapidly-moving vehicle, unless ... you see a precipice in front, in which case any risk of personal damage is preferable to remaining still". Three locations in Library Hub. Cagle 929; Bitting, page 593; Attar 243.1 [003776] **£75.00**

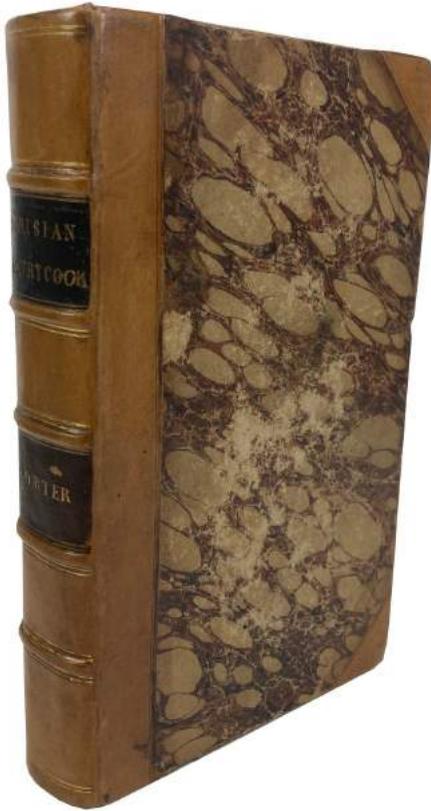


**[09]** Hammond, Elizabeth. **Modern Domestic Cookery; and Useful Receipt Book: Containing, Directions for Purchasing, Preserving, and Cooking, Every Kind of Meat, Fish, Poultry, Game, Etc. Etc. Complete Art of Trussing and Carving Etc. Etc.** London: A. K. Newman, Eighth Edition. 12mo. Hardback. Good. [3]-iv, [1], 6-2987pp, [1], 4p adverts. Original blind stamped cloth, rebacked with original back strip preserved. Smooth spine, title in gilt to spine, blind stamped volute patterns to covers.

Original back strip chipped to spine ends, slightly rubbed to extremities. Internally very lightly browned, but generally clean and fairly bright. Book label of Peter Stewart Young to front pastedown. With an engraved frontispiece, an additional engraved title with vignette and four engraved plates by J. Munday. The adverts to the rear are printed on yellow paper. First published in 1815 (see Cagle 720), and with a sixth edition published in 1828, this undated eighth edition is probably c.1835. Oxford, pages 143-144 (1817 edition); Bitting (1818 edition), pages 211-212, noting the frontispiece and vignette are by Davenport after Corbould (which the ones here are presumably after) [003775] **£125.00**

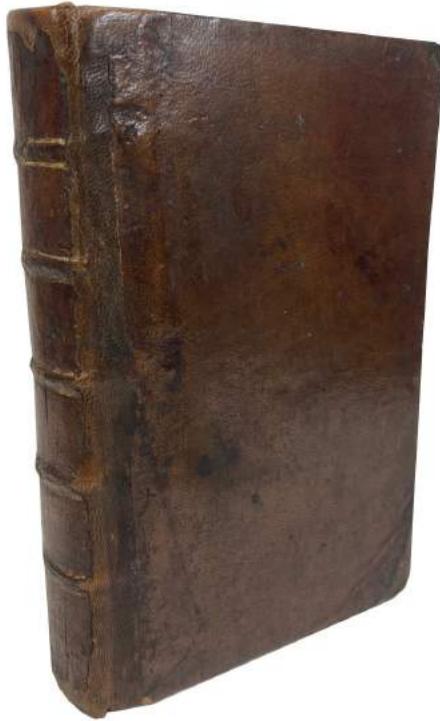


**[10] Jenks, James. *The Complete Cook: Teaching the Art of Cookery in All Its Branches; and to Spread a Table, in a Useful, Substantial and Splendid Manner, at All Seasons of the Year Etc Etc.* London: E. And C. Dilly, 1768. First Edition. 12mo. Hardback. Good+. [3], iv-xx, [1], 2-364pp. Twentieth century morocco backed green boards, smooth spine, title and author to spine in gilt. Worn to corners, slightly rubbed to extremities, text lightly browned, a few pencil lines to margins, but generally fairly clean. Includes information on brewing, medical receipts and beekeeping. Bitting, page 245, Cagle 780, Maclean, page 75, Oxford, pages 97-98, dryly noting that the "medical receipts are few ... snail water is still the authorized cure for consumption" [003769] **£450.00****



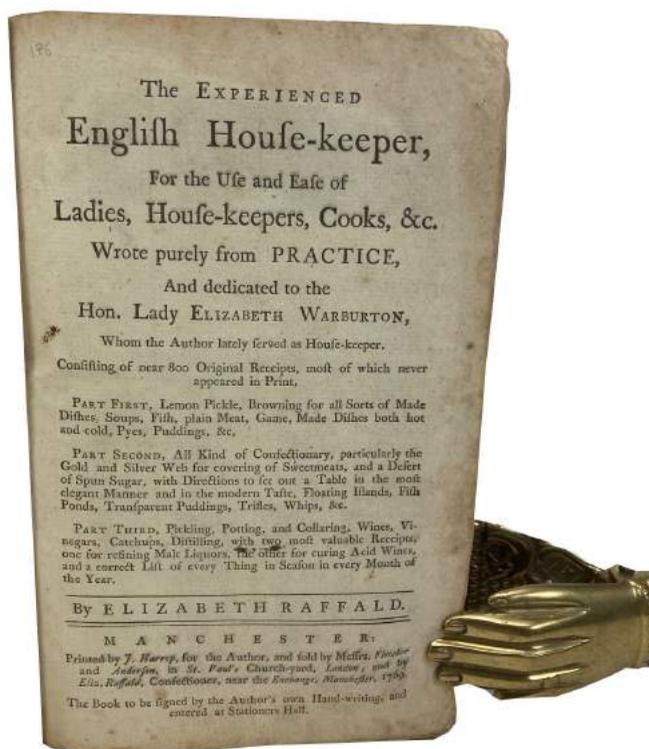
[11] Porter, John (Ed); Careme, M.A. **The Royal Parisian Pastrycook and Confectioner.** London: F.J. Mason, 1834. First Edition. 8vo. Hardback. Good. [5], 2-394pp, plates. Later half calf and marbled paper over boards, raised bands, spine in six panels, older title label to second panel and older author label to fourth. Rubbed to extremities, small chip to author label. Title slightly soiled and lightly foxed, text lightly browned with a few spots of foxing and some damp staining, but nothing too obtrusive, top corner missing from Q<sup>1</sup> (not affecting text).

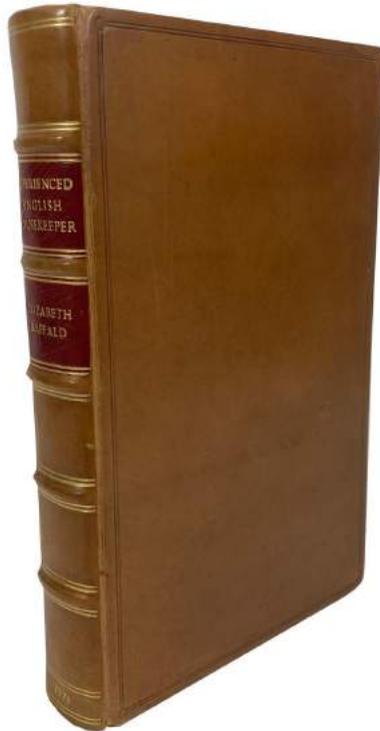
Book label of Owen Jones to front pastedown. With a frontispiece and eight lithographic plates (seven folding), by Madeley. The first English edition of Marie Antonin Careme's work, first published in French in 1815. Vicaire 144 and Bitting, page 74 for the first French edition; Oxford, page 168 noting that "I have been unable to find this book. The BM copy has been missing since 1877, but the entry still remains in the catalogue"; Wellcome II:300. Five locations in COPAC (including the BL) [003768] **£450.00**



**[12] Raffald, Elizabeth. *The Experienced English House-Keeper, for the Use and Ease of Ladies, House-Keepers, Cooks &c. Wrote Purely from Practice.* Manchester: J. Harrop [Printer] and Sold By Fletcher and Anderson and By Eliz. Raffald, 1769. First Edition. 8vo. Full Calf. Good. [5], ii-iii, [1], 2-362pp, [1], ii-xi, [1], plates. Full calf, original covers, later rebaced, raised bands, spine in six panels. Lightly browned and lightly foxed throughout, folding plates creased and slightly chipped to edges. Signed by the author at the start of the text (ensuring authenticity). Elizabeth Raffald (1733-81), cook and author, was initially a housekeeper, later marrying and settling in Manchester having sixteen daughters in eighteen years. Initially a confectioner, later a publican, "she was a woman of much shrewdness, tact and strength of will, and had, with other accomplishments, a good knowledge of**

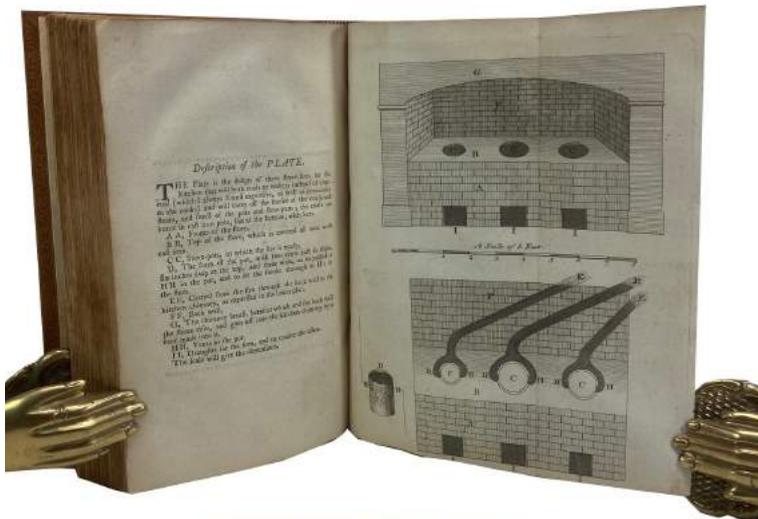
French. She gave lessons to young ladies in cookery and domestic economy ... R. Baldwin, the London publisher, is reported to have paid Mrs. Raffald £1400 for the copyright in 1773. Her portrait, from a painting by P. McMorland, first came out in the eighth edition, 1782 ... In 1772 she compiled and published the first 'Directory of Manchester and Salford' ... she also wrote a book on midwifery ... but did not live to print it" (DNB). Oxford, pages 98-99, Cagle 944; Maclean (calling for a portrait frontispiece, but this is erroneous), page 121; Wellcome IV:463; Vicaire, page 727 (for the third edition) and Bitting, page 387 (for the second edition). ESTC shows eight copies in the UK and nine in the US [003759] **£1,250.00**





**[13] Raffald, Elizabeth. *The Experienced English Housekeeper, for the Use and Ease of Ladies, Housekeepers, Cooks &c.*** London: For the Author and Sold By R. Baldwin, 1771. Second Edition. 8vo. Hardback. Signed by Author. Good+. [5], ii-iv, [1], 2-384pp, [16], plates. Full modern calf, raised bands, spine in six panels, title label to second panel, author label to third, date to foot, two line border in blind to covers, blind fleuron roll to inner edges. Slightly rubbed to extremities, text lightly browned, title and advertisement leaf to rear mounted on stub, the latter with a repaired tear without loss to text, one plate with repaired tear without loss, signature mark S<sup>1</sup> punched through leaving a small hole. Manuscript recipe for wort wine bound in between S<sup>3</sup> and S<sup>4</sup>. Signed by the author to A<sup>1</sup> (ensuring authenticity).

With three folding engraved plates. Bitting, page 387; Maclean, pages 121-124; Vicaire 727; Oxford, pages 98-99 (recording many editions but not this one); Cagle records many editions but not this one [003770] **£500.00**



## Bibliography

Attar, Dena. **A Bibliography of Household Books Published in Britain 1800-1914**

Bitting Katherine Golden. **Gastronomic Bibliography**

Cagle, William. **A Matter of Taste - A Bibliographical Catalogue of International Books on Food and Drink**

Maclean, Virginia. **A Short-Title Catalogue of Household and Cookery Books published in the English Tongue 1701-1800**

Oxford, Arnold Whitaker. **English Cookery Books to the Year 1850**

Vicaire, G.[eorges] **Bibliographie Gastronomique**

[Wellcome Library] **A Catalogue of the Printed Books in the Wellcome Historical Medical Library**

